

OneWorld Progressive Institute, Inc.

A 501©3 Community Organization

Presents:
"21st Century Conversations"
with N'Zinga Shäni & Guests



Weekly Educational TV
On Citizens Television & On Your Public Access



Comcast – CTV- Ch. 26: Sundays, 6PM



Because Knowledge Is POWER!

Thursday Sept. 18, 2008 – 8-9PM on Chan. 26

**Guests: Jaime Gerber, M.D., Cardiologist, Yale & Cardiology Associates
Rachel Lampert, M.D., Cardiologist, Yale Cardiology**

Topic: Preventing Sudden Cardiac Death (SCD)!

- What are the most effective individual actions in preventing cardiac problems and in particular SCD? **What causes SCD? What are the symptoms? What are the risk factors?**
- How is sudden cardiac death different from a heart attack?
- Why does someone's heart fail without warning?
- How are men & women different in their presentation of cardiac symptoms & survival rate?
- What are the cardiac signs and symptoms people should NOT ignore?
- Please explain diet, plaque and cholesterol, high blood pressure & their dangers
- What two main things should people do while young to prevent cardiac problems as we age?"

OneWorld Progressive Institute is dedicated to educating the community via Public Access

Visit www.oneworldpi.org Call (203) 407-0250 to register, or
Order a VHS or DVD copy of any "21st Century" TV Program.